

Mind Body

15th & 16th March 2008

Hewett School, Hall Road, Norwich

Soul

EXHIBITION

also
OCTOBER
11th & 12th
2008

Complementary Therapies
& Workshops for
Personal Growth &
Spiritual Awareness

open
**Saturday
& Sunday**
10am
to 5pm

Workshops and Lectures

All speakers and exhibitors are correct at the time of going to press. The Organisers accept no responsibility for changes beyond our control. Audio and visual recording of the workshop lectures are strictly prohibited and subject to copyright.

Registration

If you would like to receive future notification of Mind, Body, Soul Exhibitions please leave your email address at the Registration/Raffle stand.
Or send an email with your details to: mail@diannebrannan.com

Future Exhibition Dates

11th / 12th October 2008 and 14th / 15th March 2009

Parking

Access to exhibition hall parking area is via Gate 4 from Hall Road.
OVERFLOW PARKING can be found via Gate 3 further. Entry is also available through the Cecil Road gates. These gates take you into the School grounds (previously used as the Park and Ride). Please FOLLOW SIGNS TO OVERFLOW CAR PARKING - Turn LEFT from Exhibition hall car park and LEFT into Gate 3.

Refreshments

A selection of drinks and vegetarian food will be available throughout the weekend and is provided by Silver Nutmeg of Eye, Suffolk.

Raffle

The raffle is in aid of the local Charity: EACH, The East Anglian Children's Hospice at Quidenham, Norfolk.

Organiser

Dianne Brannan - School of Universal Light
Tel: 01953 602993 / www.diannebrannan.com / mail@diannebrannan.com

The exhibition is intended as a source of information only.
The Organisers accept no responsibility for the conduct of the exhibitors or the advice offered by them.

WELCOME to our 23rd Mind, Body, Soul Exhibition

If this is your first visit to an MBS (Mind, Body, Soul) exhibition, then you are probably asking yourself, *what is this all about?* Complementary ? Alternative ? Different terms are used when referring to the many varied healing techniques that you will see over these two days. There are over 75 stands offering a wide variety of goods and treatments. Full details in the centre pages of this brochure. As well as stands offering products like Natural Essential oils, books, meditation tapes, herbs, crystals, fairies, dreamcatchers, handmade jewellery and Aloe Vera. We have taster sessions of treatments such as massage, reflexology, healing, Bowen, crystal healing etc. Also, there is an opportunity to have a Reading. There are lots of different ones to choose from— Aura photography, Hand Readings, Angel cards, Tarot, Psychic Artist, Mediumship, Psy cards and more.

The **CHILDRENS COMPETITION** can be found in the Refreshment area where you can also have a break. Take a rest inbetween treatments and enjoy a drink and vegetarian food which has been prepared by Silver Nutmeg of Eye, Suffolk. See the Halls 1 & 2 Floor Plan on page 6, for the dining area, which is opposite Hall 2.

WORKSHOPS - AVAILABLE EACH DAY. Details shown below. (*Workshops may be subject to change*)

RAFFLE - THANKS -YOUR GENEROSITY, AT THE OCTOBER EXHIBITION AND ONCE AGAIN WE ARE SELLING TICKETS TO RAISE MUCH NEEDED FUNDS FOR: The East Anglian Children's Hospice at Quidenham. To purchase raffle tickets visit the Admissions stand in Hall 1 next to the Entrance door and see the prizes that are available. If you have enjoyed your visit today, why not come again. **Next exhibition - 11th & 12th October 2008**

WORKSHOPS

Saturday 15th March

11.30 Interpreting dreams and visions *with Alaric Hunt—Heartbeat Ministries*

12.30 How your health and well being can benefit from crystals *with Rebecca Jones*

1.30 Environmental Healing - Harmonizing the energies in the home & workplace *with Barney Ralston*

2.30 Mediumship demonstration *with Maureen Flynn Admission charge*

Maureen will be giving a demonstration where she will share the knowledge and proof that there is life after death.

3.30 Are you ready for your full potential? *with Tina Wilkins*

Sunday 16th March

11.30 Past Life Regression talk and film *with Susan Arrowsmith*

12.30 Communicating with Animals - Interspecies Telepathic Communication *with Jane Summers*

Animal communication is mind to mind (telepathic) communication with other species. Frequently acknowledged worldwide as being complementary to understanding behavioural and emotional issues with animals, it is an innate ability within all of us. Jane's talk introduces us to how we may do just that.

1.30 'Developing Intuition' and learn to live the life you want *with Anita Martin*

2.30 Crystals and their use in daily living *with Lisa Ireson*

3.30 Energy Interference Patterning *with Emma Lambert.* Do you have blocks in your life you can't seem to shift? Do you feel unable to manifest the life you desire? Come along and find out how this amazing energy Interference Patterning can help you transform your life.

Hall 1

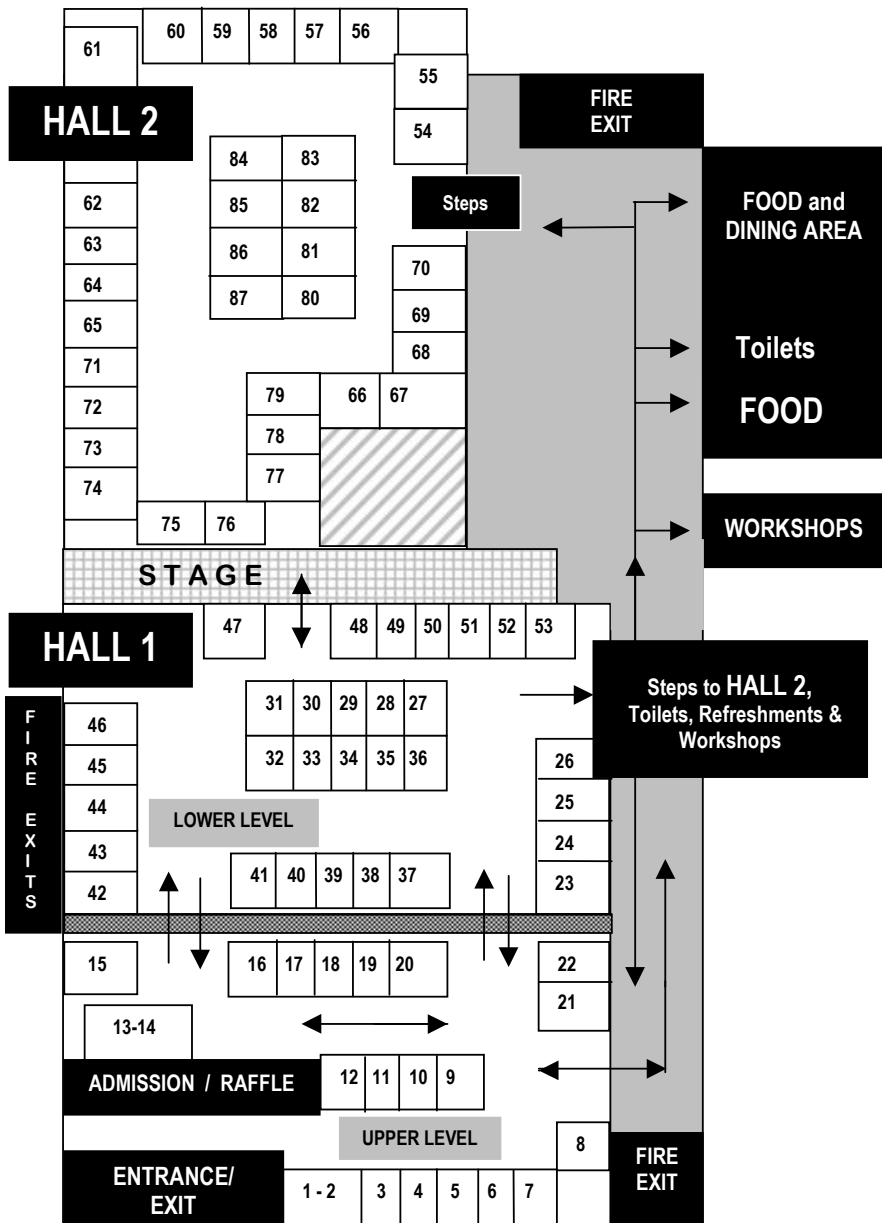
- 1-2 **Crystal Dimensions Energy School** Crystal Therapy 01508 491749 / www.crystaldimensions.org
- 3 **Dominic Varle** Reflexology 01603 627446 / www.thereflexologycentre.com
- 4 **Let's Face It!!** Face painting, temporary tattoos, funky hair (Saturday) 01603 721693 / under.the.rainbow@hotmail.co.uk
- 4 **Jennifer Lynch** Angel Card Readings & Divine Guidance (Sunday) 01449 613433 / www.angelwisdom.co.uk
- 5 **Animal Communicator** Jane Summers 01379 855003 / www.talktotheanimals.co.uk
- 6 **Pete Dee - Portraits of Light** Psychic Artist. Spirit guide portrait and reading 07788 878788
- 7 **The Pharaon** Indian Head Massage, Egyptian Massage 01603 622955 / 07766 141358 / www.thepharaon.co.uk
- 8 **Rhassoul Clay** A Remarkable Natural Beauty, Wellbeing and Health Medium 01603 474516 / 079901 664752
- 9 **Kokopelli** Native American Indian Turquoise Jewellery, Artefacts and Sage 07913 439213 / teresa@kokopelli.wanadoo.co.uk
- 10 **Heidi Sinclair - The Orange Lady** Natural Clairvoyant Medium 01485 570034
- 11 **Chris Coupe** World Class Aloe Vera for Health from 'Forever Living' 01603 491599
- 12 **Dianne Brannan** Guidance in Spiritual Development also Workshops 01953 602993 / www.diannebrannan.com
- RAFFLE - In aid of East Anglia's Children's Hospice at Quidenham**
- 13-14 **Eric Demmon** CranioSacral Therapy 01508 571223 / www.ericsh healinghands.com
- 15 **Sandra Smith** Facial Reflexology 01603 701705 / woodend_reflexology@yahoo.co.uk
- 16 **Psy card readings** by Pammy 07885 971717 / krystal_07@hotmail.co.uk
- 17 **Sean Emmerson - Naturesource Organics** Mineral & Health foods 01603 503600 / www.naturesource.com
- 18 **The Healing Trinity** Environmental Healing, Guided Self Healing 01603 810298 / www.thehealingtrinity.com
- 19 **Richard Symon** Handreading 07884 405522 / handreader@googlemail.com
- 20 **Positivity Pebbles** Liz Morris 01692 404804 / emorris70@hotmail.com
- 21 **Heather Johnson** Reiki Healing 01953 850443 / jheatherjohnson@aol.com
- 22 **Sweet Sensations** Pure, Natural Essential Oils & Herbal Remedies from Egypt 01842 820000 / www.sweetsensations.co.uk
- 23 **Arnaud Geanty D.O.** Cranial & Myofascial Osteopathy. Easton, Norwich, Wymondham 01603 880214
- 24 **Rebecca Jones** Crystal therapy / EIP of DNA. Bluebell Practice, Easton, Norwich 01603 880214
- 25 **Sahara House** Handcrafted clothes, Ethnic Kaftans, Bags and Gifts 01603 630444 / aza@saharahouse.co.uk
- 26 **Nikki Wheatman** Fashion Rockz handmade Jewellery 07990 798685 / nikki.wheatman@btconnect.com
- 27 **Tricia Frances & Dragonfly Arts** Animal, Seascape photography/Art therapy 01603 440940 / www.triciafrances.co.uk / triciafrances.art@ntlworld.com
- 28 **Anglia School of Psychic Development** Tarot / Psychic / Course information 01508 530926 / www.angliapsychics.com
- 29 **Emma Lambert** DNA Activations & EIP 07834606977 / sparklyfairy77@hotmail.co.uk
- 30 **David Lambert** Handmade Arts and Crafts 01553 679231
- 31 **Plumdragon** Angels, Dragons and Fairies. Cards & prints from original artwork
- 32 **Linda Joslin** Life Readings 01986 798595 / wuweiwomen@fsmail.net
- 33-34 **Heartbeat Ministries** Dream Interpretation 01508 494211 / heartbeatministries@yahoo.co.uk
- 35 **Soul Journey** Anita Martin. Training and Workshops 01603 712266 / 07973 777758 / www.souljourneyonline.co.uk
- 36 **Gee Dunn** Tarot Reader 01603 624976
- 37 **Essence Healing.** A wonderful life changing treatment 07756656106 / nes.university@ntlworld.com
- 38 **Complementary Health Care Clinic** Natural Solutions to ALL your Health Problems 01603 665173 / www.holistic-care.com
- 39 **Homeopathic College of East Anglia** Introductory & Professional Courses 01603 665173 / www.homeopathic-college.com
- 40 **The Natural Food Store** Specialist in Natural Health 01603 613228 / www.shop-naturally.com
- 41 **Mark Burrows L.Ac** Acupuncturist 07905 273593 / 01603 665163 / www.zangfu.info
- 42 **Jackie White** Bowen / NST / Equine Bowen / Ear Candling 01362 820157 / jackiewhite@fireflyuk.net
- 43 **Stephen Fullick** Bowen / NST / Ear Candling 01553 670156
- 45-46 **Aura Magic** Aura camera 01603 759187 / www.auramagic.co.uk
- 47 **Alan Richardson** Allergy Testing-Vega Machine / Kinesiology 07917 060162 / alan_richardson@hotmail.co.uk
- 48 **Adrienne de Roy** Stour Valley Organic Lavender 01255 880731 / www.organiclavenderoils.com
- 49 **Sister Moon** Handcrafted Charms & Talismans 01986 897174
- 50 **Crystalite Rocksalt and Crystal lamps** 01603 425247 / sandra@crystalite.co.uk
- 51 **Tina Wilkins** Holistic Therapies & Inspirational Readings 01603 414663 / www.spiritessence.co.uk
- 52 **Shona Winter** "Art Into Dimensions" 01502 715347 / shonawinter@ukonline.co.uk
- STAGE National Federation of Spiritual Healers** For Information: Diana Bylett 01953 850121 / diana@energyzplus.com

Hall 2

- 54-55 **Box Of Delights** Colour themed Crystals and Gifts from around the World 01603 478263 / boxofdelights1@aol.com
- 56 **Jan Mills** Aromatherapy Face Massage 01603 721519
- 57 **Vikki Fosdal** Numerology / Tarot / Sacred geometry readings 01603 717074 / vikki_lightweaver@hotmail.com
- 58 **Simply Yourz Jewellery** Trish Holloway 01502 512520 / simplyyourz@talktalk.net
- 59-60 **Debbie Blowers** - Body Shop at Home 01493 601746 / 07788991000
- 61 **Mel Elliott** Reiki - Crystal - Tranquil Balance 07941 378301 / www.tranquilbalance.co.uk
- 62 **Josephine McCoy** Psychic / Medium / Clairvoyant / Psychic Healer 01603 702293
- 63 **Gemingaia** Crystals, Crystal Therapies,
64-65 Workshops & Meditation Groups 01986 784438 / gemingaia@btinternet.com
- 66 **Medic China Ltd** Acupuncture, Massage, Cupping therapy,
67-68 Ear candling, MT System Testing, Reflexology and Herbal remedies 01603 629872 / greenvallleyuk@hotmail.com
- 69 **Kirlian Aura Photography** Paul Betts, Kirlian Imaging 01328 730469 / 07832 386706 / pabetts@tiscali.co.uk
- 70 **Pan-D Colour Reading** Taking no prisoners, Telling no lies 01638 603145 / andipandi666@googlemail.com
- 71 **Susannah Carrington** Crystal readings with Palmistry (Saturday) 01603 507161
- 71 **Sylve Provot** Graphologist - Handwriting Analysis for Spiritual Readings.(Sunday) 01603 440674
- 72 **Nice to Have** Handcrafted Peruvian / Tibetan jewellery and accessories 07930 575882 / www.nicetohave.co.uk / jewellerb@aol.co.uk
- 73 **Anita Phillips** Medium / Healer "I Clear Negativities" 01263 735831 / healeranita@yahoo.co.uk
- 74 **Rebecca Clifford** Shiatsu & Reiki (Saturday) 01603 617481 / peoriahouse@hotmail.co.uk
- 74 **Gary Moore** Shiatsu Graduate, Norwich city centre clinics and home visits 01603 614735
- 75-76 **Divine Exchange** Prayer for Healing, Spiritual Readings and
God encounters 01508 570296 / jwstubenbord@aol.com
- 77 **Hand Reflexology** Michael Bennett MAR 01603 700792 / mickbennett53@yahoo.co.uk
- 78 **Bioflow Magnotherapy** 'Be With Us' for Health and Lifestyle. Poppy Ferrier 01692 630882 / poppy@ferrier.co.uk
- 79 **Sue Clyne** Fantasy Art 01603 444932 / www.suesmysticalminds.com
- 80 **Maureen Flynn** Medium / Counsellor 01206 868082 / info@back2thebeat.co.uk
- 81 **Alternative Approach** EFT / Alternative Weight Loss / Relax Kids / NLP 01953 458092 / www.alternativeapproach.co.uk
- 82 **Gill McDonald** Tarot Reader 07707759051 / www.lilithscave.com
- 83 **Deborah Trafford ITEC; MAR; Reiki;DipAOSM, Acupressure Massage** 01603 720467 / d.trafford@amservice.com
- 84 **Neal Lappin** Shiatsu Back-rub 01953 606194
- 85 **Jackie Vines - Seasons** Lifestyle Analysis - XANGO (Mangosteed Juice) 01263 824407 / mikefred@btinternet.com
- 86 **Anna Kidd** Relaxation Therapy 07768 921957
- 87 **Ghyslaine Clarke** Gain Coaching and Development 01553 762825 / www.gaincd.co.uk / gclarke@gaincd.co.uk

NEXT EXHIBITION
OCTOBER 11th & 12th 2008

Halls 1 & 2 – Floor Plan



Toilets

A RARE OPPORTUNITY

To purchase a
**Well Established, Successful
Therapy Business.**
Sale due to relocation
Ability to recoup investment
within 1 year

Tel: 01273 303481

<< DO IT IN FRANCE >>

**A 5-Day Lifechange
workshop with a Difference**
9 — 14 May 2008

Contact:
Anne Pether
07785 791 399

Heidi Sinclair

'The Orange Lady'

CAN I HELP YOU?

ARE YOU AT A CROSSROADS?

DO YOU NEED DIRECTION?

Natural Clairvoyant / Medium

I OFFER COMFORTING,
INFORMATIVE AND OFTEN JOYOUS
READINGS

For Private and Postal readings
contact Heidi on

01485 570034

HOLISTIC THERAPIES SPIRITUAL GUIDANCE



TINA WILKINS

I began my own journey many years ago, reading Tarot cards for myself and friends. I then became fascinated by crystals and after studying for a two-year period with the Crystal Healing Spiritual Ventures Association, gained my diploma to practise as a Crystal Healer.

During this time I developed my clairvoyance and mediumship, trained in Indian Head Massage (IHHT) as well as training in the Usui/Tibetan Reiki Tradition to Master/Teacher.

In order to share these wonderful gifts and provide an opportunity for others to share theirs, I began an Awareness Group, which provides information, as well as offering spiritual and personal development evenings and workshops.

My path has now lead me to Norwich where I hope to continue this work as well as be open to the opportunities which continue to enrich my life.

Tel: **01603 414663** Mobile: **07876225549**

Email: tinamwilkins@googlemail.com www.spiritessence.co.uk

28 Clickers Road, Norwich NR3 2DD

HOLISTIC THERAPIES SPIRITUAL GUIDANCE

Are You Healthy?



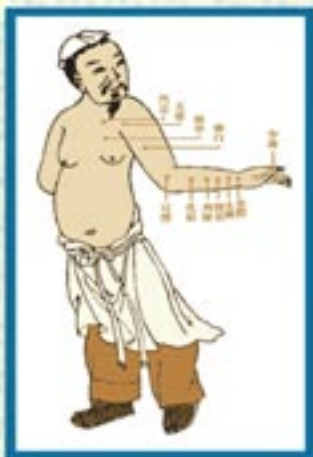
經絡診斷系統

Meridian Tele-Diagnosis (MT) System

MT is a health testing system base on Chinese medical diagnosis & consultation service and Internet technology.



Free Test On Stands 66,67,68.



You Can Benefit From:

Scientific anticipation

Estimate the factor influencing health in early stage

Well-being Care

Provide tailored healthy plan for your better life

Health Support

Set up a bridge for you and our qualified Chinese doctor

Specialist Treatment:

Weight Loss

Pain Relief

Energy Boost

Sex Drive and more.....

MEDIC CHINA

ADD: 95 Castle Mall, Norwich, NR1 3DD

TEL: 01603 629872